Children's books that parents and children can read together and discuss:



<u>Howard B. Wigglebottom Learns about Bullies</u> by Howard Binkow and Susan Cornelison (attempting different strategies that fail and finding a solution to a problem, includes parent lessons and reflections)



<u>The Recess Queen</u> by Alexis O'Neill (addresses a common venue for bullying behaviors and an underlying cause)



<u>Simon's Hook: A Story About Teases and Put-Downs</u> by Karen Gedig Burnett (helps children learn an important life lesson - how to handle teases and put-downs)



<u>The Tattle Tongue</u> by Julia Cook (helps children understand the differences between unnecessary tattling and the necessity of warning others about important matters)



<u>Bullies Never Win</u> by Margery Cuyler (perfect for the "worrier," provides children strategies for dealing with a worrisome classmate)



<u>The Meanest Thing to Say</u> by Bill Cosby (making a plan to address peers saying mean things, the "So?" strategy)



Stand In My Shoes by (teaches young children the value of noticing how other people feel)



Each Kindness by Jacqueline Woodson (small acts of kindness, new student)



<u>Juice Box Bully</u> by Bob Sornson and Maria Dismondy (Empowering student to stand up for others, being more than a "bystander")



The Ant Bully by John Nickle (Not projecting bullying behaviors onto others, breaking the cycle)



<u>Just Kidding</u> by Trudy Ludwig (a rare look at emotional bullying among boys, explores the world of teasing, exclusion, and self-esteem, and solution to peer aggression)

Chapter books geared towards upper-elementary students:



<u>Stand Up for Yourself & Your Friends</u> by American Girl publication (grade level: 3+, teaches girls how to spot bullying and how to stand up and speak out against it. Quizzes, quotes from other girls, and "what do you do?" scenarios present advice in an age-appropriate way)



<u>My Secret Bully</u> by Trudy Ludwig (explores relational/emotional bullying among girls who will use name-calling and manipulation to humiliate and exclude, includes helpful tips, discussion questions, and additional resources for parents)



<u>Cliques Just Don't Make Cents</u> by Julia Cook (helps kids understand the emotional toll that cliques can have on those who are excluded from popular social groups, teaches children how to build better relationships)



Bus Ride Bully by Cari Meister (Graphic Novel, comic book style)



<u>Bullies are a Pain in the Brain</u> by Trevor Ramain (grade levels: 3+, blends humor with serious, practical suggestions for coping with bullies, explores ideas to get along with others and feel good about themselves)



<u>Cliques, Phonies & Other Baloney</u> by Trevor Ramain (grade level: 3+, explains what cliques are and why they exist: because everyone wants to have friends, reveals why some cliques are so annoying—and often full of phonies. And he shares the secret to being popular: just be yourself!)



<u>Bystander Power</u> by Phyllis Kaufman Goodstein (grade level: 3-8, teaches kids how to safely stand up against bullying, support kids who are targeted, and spread the word that bullying is not cool—it's cruel. The power to end bullying starts with one person.)



Mean, Mean Maureen Green by Judy Cox (chapter book, grade level: 3-7, about learning to be brave, humorous classroom story)



<u>Beany and the Meany</u> by Susan Wojciechowski (chapter book, grade level: 1-4, timid Beany is assigned to work on a science project with a bully who bosses her around and calls her names)